

## Exam Preparation Resources

### Interprovincial Red Seal Exams (IP Exams)

- **[IP Exam Counselling Sheets, Sample Questions and NOAs](#)**  
Exam Counselling Sheets provide IP exam breakdowns by subject area, along with the approximate percentage of questions that is assigned to each; Sample questions, typical of those found on an IP exam, are available for most trades; NOAs (National Occupational Analyses) describe the skills and knowledge needed to perform competently in the trades (An NOA is the base document used to develop IP exams, and may be used as a checklist to guide your studies.)
- **[Interprovincial Red Seal Exam \(IP\) Preparation Guide](#)**  
This guide provides study and writing strategies. It also provides an explanation of how to use the National Occupational Analysis for your trade as a study guide.
- **[Study Materials and Resources](#)**  
This is a list of resources that can help you prepare for and write exams.

### Provincial Certification and Level Exams

- **[Provincial and Level Exam Counselling Sheets](#)**  
Exam Counselling Sheets provide the breakdowns for provincial or level exams by subject area, along with the approximate percentage of questions that is assigned to each. Please note: You must receive approval from your training officer in order to write a *level* exam.
- **[Provincial Occupational Analyses \(POAs\)](#)**  
Like NOAs, POAs describe the skills and knowledge needed to perform competently in the trades.
- **[Study Materials and Resources](#)**  
This is a list of resources that can help you prepare for and write exams.

**For more information, visit our website:**

**[nsapprenticeship.ca/current\\_apprentices/examination.shtml#Resources](https://nsapprenticeship.ca/current_apprentices/examination.shtml#Resources)**

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